



Extra Benefits for Aetna Better Health of Kentucky Members

In addition to the standard Medicaid health benefits, Aetna Better Health of Kentucky offers the following extra benefits:

Extra Benefits	
Eyeglasses & Fittings	One free pair of eyeglasses every 24 months, including fittings.
Hearing Aids & Screenings	Yearly exam and one free hearing aid per year. Unlimited visits for hearing aid fittings.
Asthma Home Care	Members with an asthma diagnosis can get one free set of hypoallergenic bedding and up to \$150 for a yearly carpet cleaning.
CVS Weight Management Program	Free Nutrition/Weight Loss counseling at CVS MinuteClinic locations. Online personalized goal and plan development, up to a total of 16 visits over the course of 26 weeks.
Home Delivered Meals	Free healthy meal delivery for eligible members to help with certain conditions. Includes access to nutrition education to support health goals.
“Keeping Kids Safe” Opioid Lock Box Program	Medication lock box to keep kids safe
mySugar	The mySugr mobile app gives eligible members with diabetes education and self-management tools like a blood glucose meter to help slow down or stop the progression of diabetes
Healthy You, Healthy Baby High Risk Pregnancy Program	Provides at home monitoring tools like a blood pressure cuff.
Momentum	Eligible members with certain chronic conditions can get up to \$1,500 a year to help pay for things like utilities, services not covered by Medicaid, and more.
GED Certification & Job Skills Training	Online job skills training with the chance to highlight skills to local employers, GED prep course and GED test voucher
Getting on T.R.A.C.K. (Transition Ready Assistance & Core Knowledge)	Life skills program that includes education on budgeting and more.
Alternatives to Opioids	Eligible adult members can get up to \$600 a year to use towards acupuncture, massage therapy, dry-needling, and yoga.
Enhanced Transportation	Eligible adult members can get up to 10 free round-trip rides per year. Can be used for job interviews or training, grocery stores, getting to community health services and more.
Back to School Assistance Program	Free backpack with school supplies for members age 18 and under
Health Literacy Program	Free slow cooker course and free 6-8 week basic diabetes nutrition course. Slow cooker course includes how to make

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	affordable, healthy meals using a slow cooker. Get a free Crock Pot by finishing the course.
Start Strong Re-Entry Program	90-day re-entry program including treatment, housing, bus passes, and job training
Simple Necessities Vending Machine	Vending machine for members experiencing homeless at multiple shelters. The vending machine has items like personal hygiene items, socks and underwear for men and women, baby wipes and warm hats.

Extra Benefits for SKY members

The SKY program serves children and youth in foster care in out of home care (OOHC), children receiving adoption assistance, dually involved youth, and former foster care youth who can receive these extra benefits:



Extra Benefits	
Connections for Life (13-17)	Free smartphone and wireless plan (eligible members who are not in a stable placement)
Connections for Life (18-26)	Free laptop for eligible members
SKY Duffle Bag Program	Duffle bags filled with personal hygiene items, supplies and a blanket to SKY members that are going from one home to another.
Birthday in a Box	Eligible members get a “birthday in a box” that includes party supplies and a gift

Aetna Rewards (Aetna Better Health & SKY)

Earn rewards for getting important preventive services

Aetna Better Way to Health	
\$10 for completion of Dilated Retinal Eye exam	Eligible members can get a \$10 gift card for getting a dilated retinal-eye exam.
\$20 for follow-up visit with Mental Health Practitioner	Members 6 years and older can get a \$20 card for going for a follow-up visit within 7 days
\$25 HRA Incentive	Members who are pregnant or newly eligible will a \$25 card for completing the HRA.
Maternity Matters	
\$25 Initial Prenatal Visit	Pregnant members can get a \$25 gift card for going to their initial prenatal visit.
\$10 Subsequent prenatal visits	Pregnant members can get \$10 for each visit, up to 10 visits.
Cribs for Moms	Pregnant members can get a portable crib at 37 weeks of pregnancy for seeing their doctor regularly.
\$25 Post-Partum Visit	New mothers can receive \$25 for getting a post-partum visit within 7 - 84 days after the baby is born.
Family Transportation	Receive transportation provided for the entire family that includes a car seat for children. Limited to 10 roundtrips (up to 60 miles total per roundtrip) per year.

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